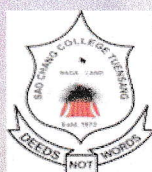


SAO CHANG COLLEGE TUENSANG MENTORING COMMITTEE

Report on Teachers as Mentors



A Seminar On "Teacher as Mentor"



RESOURCE PERSON: NZAN KIKON,
COUNSELLING PSYCHOLOGIST

30TH MARCH 2023 | ONLINE PLATFORM | 6:00 PM

Organised by Mentoring Committee
Sao Chang College, Tuensang

ORDER OF PROGRAMME

1. Chairperson : Ms Chideno Shitire
2. Session : Resource person
3. Vote of thanks : Ms Y Toninaro Chongpho

BRIEF REPORT:

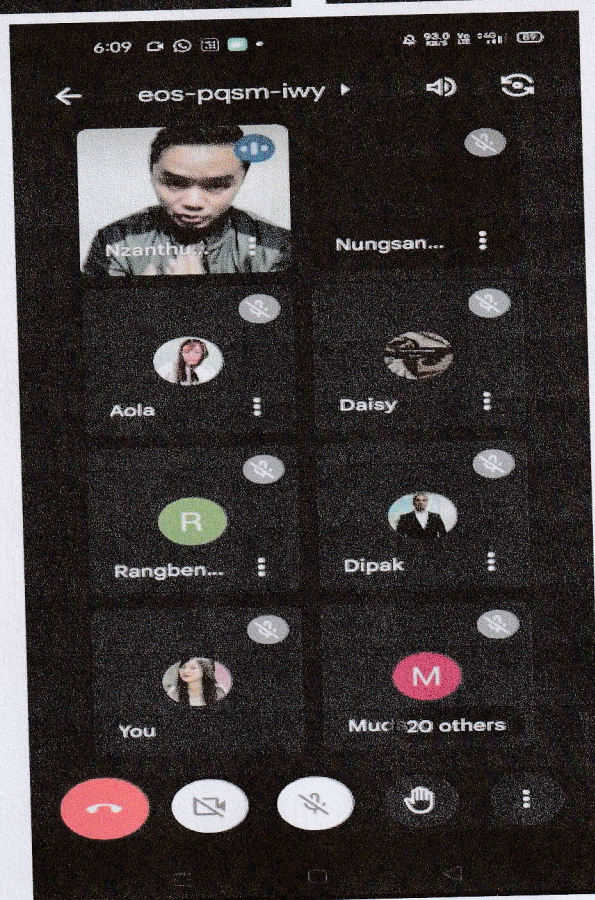
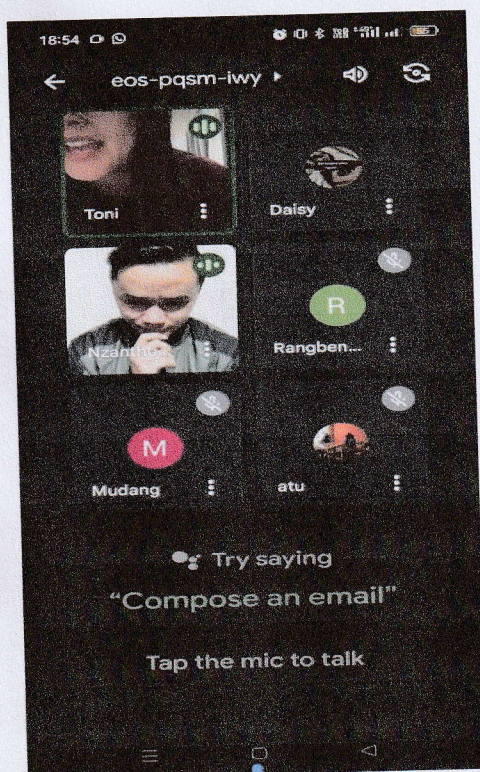
The Sao Chang College Mentoring Committee orchestrated a thought-provoking seminar titled **"Teacher as Mentor" on March 30, 2023**, leveraging the online platform Google Meet. Renowned Counselling Psychologist, Mr. Nzan Kikon, served as the distinguished resource person. He illuminated the pivotal role of teachers as mentors within educational settings, elucidating the benefits of mentoring for both students and educators.

Throughout the session, Mr. Nzan delved into the attributes of effective mentoring relationships, highlighting the mentor's multifaceted responsibilities as a guide, role model, and source of support. Emphasizing the essential elements for a successful mentoring session, he underscored the significance of mutual trust and respect, open communication, and mentors providing constructive feedback within a supportive environment.

Additionally, Mr. Nzan addressed the challenges encountered by teachers undertaking mentoring roles, including time constraints, training needs, and the potential for mentorship burnout. Concluding his presentation, he offered insightful recommendations aimed at enhancing mentorship programs within college settings.

In summary, the seminar provided valuable insights into the dynamic role of teachers as mentors, fostering a deeper understanding of effective mentoring practices while acknowledging and addressing the challenges inherent in such roles.

Number of Participants : 27



Reported by: Rangbenkumla Chang, Coordinator (Mentoring Committee)